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|  | PRACTICE LOG |

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| Name: |  |

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| Week | Monday | Tuesday | Wed. | Thursday | Friday | Saturday/Sunday | Totals | Parent Initials |
| 1 |  |  |  |  |  |  |  |  |
| 2 |  |  |  |  |  |  |  |  |
| 3 |  |  |  |  |  |  |  |  |
| 4 |  |  |  |  |  |  |  |  |
| 5 |  |  |  |  |  |  |  |  |
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| 9 |  |  |  |  |  |  |  |  |
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| 11 |  |  |  |  |  |  |  |  |
| 12 |  |  |  |  |  |  |  |  |

Requirements:

1. MINIMUM 90 minutes per week.
2. At least 3 days a week for practicing. This means that you cannot do all 90 minutes at once!
3. Answer the practice questions provided for the corresponding week on the orchestra website. Questions are due by 5:00p.m. the following Monday.
4. An article will be uploaded to the orchestra website every Monday. Questions will also accompany this article and will be due by 5:00p.m. the following Monday.

Tips:

1. Plan Ahead. Don’t wait until the last minute to get this down- especially 90 minutes of practice!
2. Work in small intervals. Practice sessions of 10-15 minutes throughout the week are better than one 90 minute session on the weekend. You retain more, and it is easier to manage.
3. Have a plan. Reflect on the article for the week and use that to help guide your practice session(s). Make your practice meaningful!